



Curriculum Overview: PE

Reception					
<p>Enjoy a ball Find exciting ways to roll, bounce, and throw your way to strong motor skills.</p>	<p>Dance Encouraging creativity, self-expression and interaction between children, while helping children develop fine and gross motor skills.</p>	<p>Gymnastics Find exciting ways to jump, crawl, balance and roll your way to strong motor skills.</p>	<p>Multi skills Promoting the development of different movement skills, such as reaction, balance, coordination and timing.</p>	<p>OAA Allows children the opportunity to get outside, have an adventure and work on their communication, teamwork and physical skills.</p>	<p>Athletics Investigate ways of performing running, jumping and throwing activities.</p>



St. John's CE Primary

Year 1

					
					
Ball skills and Multi skills	Dance and Ball games	Gymnastics and Dance	Multi skills and Gymnastics	OAA and Throwing and Catching	Athletics and Games

Children in KSI focus on the basic fundamental skills through a variety of units which are adapted to suit the needs of the children.



St. John's CE Primary

Year 2












Ball skills and Multi skills	Dance and Ball Games	Gymnastics and Throwing and Catching	Multi skills and Dance	OAA and Throwing and Catching	Athletics

Children in KSI focus on the basic fundamental skills through a variety of units which are adapted to suit the needs of the children.



St. John's CE Primary

Year 3













					
					
Invasion games and Swimming.	Dance and Swimming.	Gymnastics and Health related fitness	Net and wall games and Target games	Striking and fielding games and Invasion games	Athletics and OAA

In Lower Key Stage 2, we begin to look at sport generic skills such as attacking and defending, positioning and tactics. These will be taught using a variety of equipment belonging to a range of sports.



St. John's CE Primary

Year 4













					
					
Invasion games and Health related fitness.	Dance and OAA.	Gymnastics and Swimming.	Net and wall games and Swimming	Striking and fielding games and Target games	Athletics and Invasion games

In Lower Key Stage 2, we begin to look at sport generic skills such as attacking and defending, positioning and tactics. These will be taught using a variety of equipment belonging to a range of sports.



St. John's CE Primary

Year 5












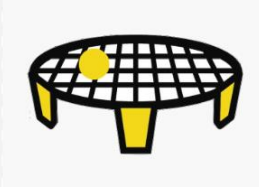
					
					
Hockey and Health related fitness	Dance and Netball	Gymnastics and Alternative target sports (Archery/ Curling/ Boccia)	Tennis and Tchoukball	Rounders and Swimming	Athletics and Swimming

In Upper KS2, we move to sports specific units where skills, rules and tactics are taught through a range of different sports. They will be introduced to the equipment and playing area for the particular sport they are learning.



St. John's CE Primary

Year 6

					
					
Hockey and Health related fitness	Dance and Alternative sports (Archery/ Kurling/ Boccia)	Gymnastics and Alternative sports (Archery/ Kurling/ Boccia)	Tennis and OAA	Rounders and Basketball	Athletics and Spikeball



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In Upper KS2, we move to sports specific units where skills, rules and tactics are taught through a range of different sports. They will be introduced to the equipment and playing area for the particular sport they are learning. They will also complete a Health Kicks unit delivered by Kidderminster Harriers and go swimming if they are unable to swim 25m, perform a range of strokes and self-rescue.

